



Peoria Area Track & Field Club

Summer 2009 Track and Field Series

LOCATION: Peoria Stadium

Open Meets: Male-Female-Youth-Masters Welcome

Run for Fun-No Awards

Entry Fee: \$3/ (\$1 for PATFC Members)

All Meets **Tuesday** or **Wednesday** evenings, **5:30 PM Start**

Registration starts at **4:30 PM** (must be registered by 5:15 PM for first event)

Events are listed in order of contest-**SEE LIST BELOW**

****It is essential to start at 5:30 PM because we need to complete the meets before dark****

****whether all events are run or not!****

All runners must PICK UP a number and wear it visibly in order to be timed

Wednesday, July 22	Tuesday, July 28 th	Wednesday, August 5 th	Tuesday, August 11 th	Wednesday, August 19 th	Tuesday, August 25 th
Running Events					
50 m	50 m	50 m	*100/110m Hurdles	*100/110m Hurdles	*100/110 m Hurdles
1600 m	800 m	1600 m	50 m	50 m	50 m
100 m	200 m	100 m	800 m	800 m	1600 m
400 m	3000 m	400 m	200 m	200 m	200 m
		3000 m	5000 m	3000/5000 m	3000/5000 m
			*Relay (TBA)	*Relay (TBA)	*Relay (TBA)
Field Events					
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump
High Jump	High Jump	High Jump	High Jump	High Jump	High Jump
Shot-Put	Shot-Put	Shot-Put	Shot-Put	Shot-Put	Shot-Put
			*Discus	*Discus	*Discus

*Subject to change based on participation

- ✓ Meets start at 5:30 PM sharp. Registration begins at 4:30 PM
- ✓ 50 m races are for JUNIOR HIGH (JH) and Younger only
- ✓ 800m/1600m races are for JH and Older only
- ✓ 3000m/5000m races are for HIGH SCHOOL and Older only
- ✓ Field events may have to be cancelled if there are not enough officials to run them.
- ✓ Shot puts will be provided
- ✓ Showers and lockers are not provided-COME READY TO COMPETE!
- ✓ Not interested in competing? COME HELP!

Results will be posted on the PATFC web site: www.patfc.org

USATF Sanctioned

7-17-09